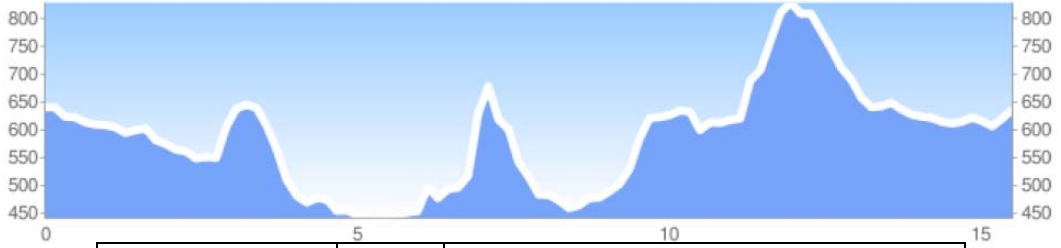
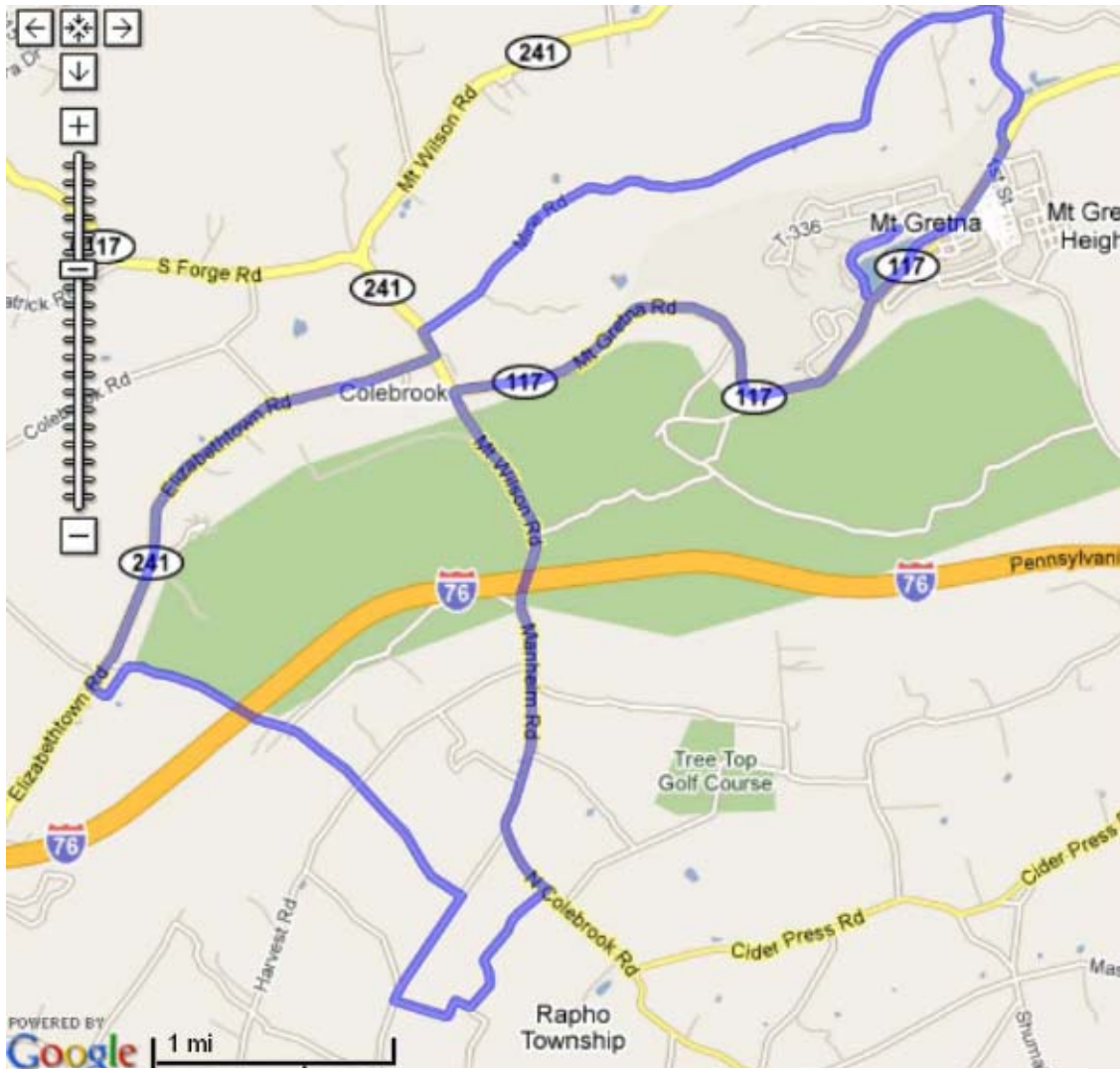


>>> GOT THE NERVE? 2010 TRIATHLON BIKE ROUTE <<<



Approx. Mileage	Turn	Road
0	Start	Follow Lakeview Dr. out behind lake
0.4	R	Rt 117 / Mt Gretna Rd
2.8	L	Mt Wilson Rd (becomes N Colebrook Rd)
5.0	R	Creek Rd
5.7	R	Cold Springs Rd
6.0	R	Sunnyburn Rd
6.4	L	Lawn Rd
8.2	L	Main St
8.4	R	Elizabethtown Rd
10.6	L	Rt 117 / Mt Wilson Rd
10.7	R	Old Mine Rd
13.7	R	S Butler Rd
14.4	R	Rt 117 / Mt Gretna Rd
15.3	R	Lakeview Dr.
15.6	End	Transition area