

Accepting differences, Including all...

What is our mission?

To promote health of youth by enhancing their sports, social, and communication skills in a positive learning environment.

What are the Benefits for your child?

- Develop relationships with diverse populations
- Enhance acceptance of differences
- Enhance self worth and confidence
- Promote social skills
- Promote sportsmanship
- Learn and practice sports skills
- Enhance physical fitness
- Enhance knowledge of sports



Sports Club for YOU

Sports Club for YOU is made possible through partnership of the Delaware Adapted Sports Club and the Department of Health, Nutrition, and Exercise Sciences of the University of Delaware.



Sports Club for YOU

...children
with & without
disabilities

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Newark, DE 19716
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www.adaptedelaware.org

Come to have fun!

To live a healthy and
physcally active lifestyle

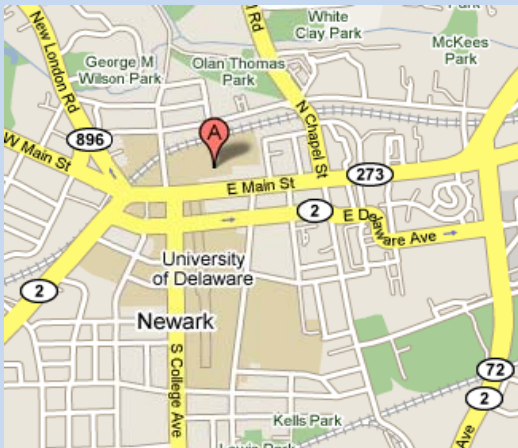
Who are we?

Who are the Instructors?

The SCY instructors are mostly University of Delaware students majoring in education, exercise sciences, psychology, or disability studies. All instructors will be supervised and trained by the SCY director and her assistants.

Where?

Carpenter Sports Building (CSB), 26 North College Ave, Newark, DE 19716, in Gym 1, and on Frazier Field (behind CSB). Parking information will be provided.



Sports Club for YOU (SCY) is an inclusive program inspired by the Sports Club for Children with Asperger Syndrome (SCAS). It provides youth with and without disabilities between ages 8 and 15 yrs with an opportunity to develop their sports skills, physical fitness, socialize, and learn about sports in a positive environment.

This summer we are looking forward to an informative and fun curriculum developed around different themes for each week. Themes may include *Fourth of July Week* focusing on the American pastime of baseball, *Golf U.S. Open Week* focusing on golf skills and golf-like games, and many others. Participants' skills and abilities will be assessed in the beginning and end of the project. We will also invite you to participate in a fun research project.

When?

On Tuesdays and Thursdays
from 6:30 to 8:00 p.m.,
June 11th – August 13th.

You do not have to register your child for both days and all weeks, but preference will be given to those who can attend the CSY regularly.

Who can register?

Youth with and without disabilities between ages 8-15 years. Some disabilities may include Asperger Syndrome, ADHD, Learning Disabilities, Bipolar, and Anxiety.

Cost to register?

No charge to register or participate.

Where to Register?

Limited spaces are available. To ensure equality in the numbers of students based on age and disability, we ask you to submit an online registration form. We will then contact you whether your registration form was accepted.

Registration form can be found at:
www.adapteddelaware.org

Contact: Dr. Iva Obrusnikova at
obrusnik@udel.edu
or at 302-388-7662 (cell).